**SECTION 8.**

**Safeguarding and Welfare Requirements: Health**

The provider must promote the good health of children attending the setting.

Safety and suitability of premises, environment and equipment.

**8.8 Health and Safety Procedures**

**General Health and Hygiene Policy**

**Policy statement**

**Our setting promises a healthy lifestyle and a high standard of hygiene in its day-to-day work with the children and adults.**

**Procedures**

 When cooking with children as an activity, the adults will provide healthy, wholesome food, promoting and extending the children’s understanding of a healthy diet.

 Children will have the opportunity to play in fresh air throughout the year (either in the setting’s own outside area or on outings to parks or other community play spaces).

 Parents are asked to keep their children at home if they have any infection, and to inform the setting as to the nature of the infection so that the setting can alert other parents, and make careful observations of any child who seems unwell.

 Parents are asked not to bring into the setting any child who has been vomiting or had diarrhoea until at least 48 hours has elapsed since the last attack.

 If the children of the setting’s staff are unwell, the children will not accompany their parents/carers to work in the setting.

 Cuts or open sores, whether on adults or children, will be covered with sticking plaster or other dressing.

 Parents will have the opportunity to discuss health issues with the setting’s staff and will have access to information available to the setting.

 The setting will maintain links with Health Visitors and gather health information and advice from the local health authority information services and/or other health agencies.

 Children with pierced ears are not allowed to try on or share each other’s earrings.

 Large boxes of tissues are available and children are encouraged to blow and wipe their noses when necessary. Soiled tissues will be disposed of hygienically.

 Children are encouraged to shield their mouths when coughing.

 Used paper towels are disposed of appropriately.

**Legal framework**

 Health and Safety at Work Act (1974)

 Management of Health and Safety at Work Regulations 1992

 Electricity at Work Regulations 1989

 Control of Substances Hazardous to Health regulations (COSHH) (2002)

 Manual Handling Operations regulations 1992 (as amended)

 Health and Safety (Display Screen Equipment) Regulations 1992

**Further guidance**

 Health and Safety Law: What You Should Know (HSE 1999)

[www.hse.gov.uk/pubns/law.pdf](http://www.hse.gov.uk/pubns/law.pdf)

 Health and Safety Regulations…a Short Guide (HSE 2003)

[www.hse.gov.uk/pubns/hsc13.pdf](http://www.hse.gov.uk/pubns/hsc13.pdf)

 Electrical Safety and You (HSE 1998)

 [www.hse.gov.uk/pubns/indg231.pdf](http://www.hse.gov.uk/pubns/indg231.pdf)

 COSHH: A Brief Guide to the Regulations (HSE 2005)

[www.hse.gov.uk/pubns/indg136.pdf](http://www.hse.gov.uk/pubns/indg136.pdf)

 Manual Handling – Frequently Asked Questions (HSE)

[www.hse.gov.uk/contact/faqs/manualhandling.htm](http://www.hse.gov.uk/contact/faqs/manualhandling.htm)

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| This policy was adopted at a meeting of | St Peters Pre-school (Stafford) |  |
| Held on | 13th November 2020 |  |
| Date to be reviewed | October 2021 |  |
| Signed on behalf of the provider |  |  |
| Name of signatory | Mrs Mavis Ingham |  |
| Role of signatory | Chair/Director |  |